

Quiz: Hand Hygiene

Name_____

1. When performing handwashing, how long should you scrub your hands?
 - A. 10 seconds
 - B. 20 seconds
 - C. 30 seconds
 - D. None of the above
2. What area(s) are most often missed by healthcare providers when using alcohol-based hand sanitizer: (Select all that apply)
 - A. Thumbs
 - B. Between fingers
 - C. Back of hands
 - D. Fingertips
3. Which hand hygiene technique does the CDC recommend for most clinical situations?
 - A. Hand washing
 - B. Alcohol-based hand rub
4. True or False: Healthcare workers may use any hand lotion after using alcohol-based hand rub?
5. If the task you are performing requires glove use, perform hand hygiene:
 - A. Before donning gloves
 - B. After removal of gloves
 - C. There is no need to perform hand hygiene when using gloves
 - D. A and C
 - E. B and C
 - F. A and B